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**"Reaching your Dreams by Choosing Optimism"**

Achieving one's ambitions, meeting one's dreams requires hard work and perseverance. People have dreams, sometimes great dreams, but not all dreams come true and some of them are just nightmares. A dream to become true requires more than just hard work; it requires more than a simple discipline, something that looks like the energy that keeps you going even after you fall a thousand times. Thomas Edison has it. In some of his inventions, it took him more than a thousand tries to come up with the right result. The Wright brothers had that same burning energy that sustained them behind failure and pain, that kept them going even after they failed another time. It's only in 1903 that they succeeded with the first airplane flight. Optimism, it's not always the easiest path, but it's the path to a life of great success. Great politicians like President Obama have proven to possess the same energy. President Obama believed in a dream that "he can do it" and he made most Americans believe in him. He demonstrated the power of Hope in what he would call "the Audacity of Hope". It is evident that those who climb the ladder of success are different in the sense that they see opportunities in each adversity (Winston Churchill). Usain Bolt is the fastest man known to this day. He has won 19 Gold Medals. In addition to his hard work and discipline, he possesses this God-given energy that we call optimism that drives him to the finishing line even when his physical strengths seem to abandon him. Optimism is that inner strength that influences one's beyond the current state of energy. It has helped my sister Jennifer to write her next poem. Optimism is like a light that guides someone through the tunnel of life. Those who succeed in taking that path feel true pride and feel that life has been a great journey for them. It is true

that people face challenges everyday (morning and night). It doesn't matter what time of day, challenges always come people's way. For some people, life is unfair, those fail in the crack. For the most optimistic, failure is an opportunity to learn, a chance to reflect on one's mistake, and to become stronger. Those are the true success-makers who write and ride history. Those who see them from the outside may feel that they are stubborn as optimism may feed determination and perseverance until one's goal has been reached. Those are the people that others look up to for models, they are the giants of our times, they have overcome the greatest adversities, they have learned the most precious lessons from life. Among them we can name Abraham Lincoln who became one of the most successful lawyers in Chicago and later on worked his way to become the 16th President of the USA. Theodore Roosevelt, the 26th President of the USA, is known to have ruled the country while paralyzed from Waist. All of these men are living models who have shown optimism on their ways to success.

Mary Kay Ash was another optimistic individual. Being a single mom with two children at home, it was very hard to balance work and taking care of her children. Mary worked as a salesperson for hosting parties. She was very upset with the gender wage gap. At age 45 Mary decided to make a difficult decision that would put her family at high risk. She had decided to use all the money in her savings account, but she had this inner voice that ensured her that this was the only way to success. She in fact was optimistic about the future. This indicates that optimistic people are able to carve a path for their future even in the most adverse circumstances. According to Mary Kay, "successful people are simply ordinary people with extraordinary determination."

Optimism is an energy, a God-given gift that allows one to draw a path, an option that guides one's journey, a mental determination that sustains one on his path towards his dreams. By choosing optimism people choose their future, they have unlimited energy and appeal to chances on their side. Choosing optimism is to be confident, to have a dream and a plan; it's about possessing dedication, perseverance, and discipline; it's cultivating hope we one can believe in; cultivating hope even in face of adversities; building hope even in the situations one has fallen, when people think you've become hopeless. Those who choose optimism, successes are subdued by them forever.